



## Freedom Home Care COVID-19 Protocols



### COVID-19 PROTOCOL

Freedom Home Care has implemented several steps to limit potential exposure to COVID-19 for our clients, caregivers and staff.

We are prohibiting caregivers and staff from caring for clients or being in close contact with clients if they have symptoms of COVID-19 or have been exposed without proper protection in the preceding 14 days. However, we cannot guarantee that our caregivers and staff are not unknowingly carrying or infected with COVID-19. Accordingly, we have also implemented a requirement that caregivers and staff wear masks when in close contact with clients, and that they observe standard precautions.

**Those precautions include:**

1. Hand hygiene (washing hands often with soap and water for at least 20 seconds, and using alcohol-based hand sanitizer—at least 60 percent alcohol—if soap and water are not available)
2. Use personal protective equipment whenever there is an expectation of possible exposure to infectious material
3. Following respiratory hygiene and cough etiquette principles
4. Properly cleaning the environment where the client is located
5. Handling laundry carefully

As we move forward, we will be taking direction from the Centers for Disease Control and Prevention for additional precautions to take to protect our clients and caregivers from exposure.

**Additionally, we recommend that clients take steps to protect themselves by:**

1. Limiting visitors
2. Asking visitors about their symptoms, and with whom they have been in contact in the past 14 days
3. Asking that visitors stay at least six feet away from them if possible
4. Regularly clean high-touch surfaces in their home
5. Practice good hand hygiene

**Should you have any questions or like to discuss this matter further, please call Freedom Home Care at 507-387-4663.**



We are dedicated to the safety of our clients, staff and partners. Please take time to review the protocols we have in place to limit exposure of our clients and our FHC team to COVID-19.

We will continue to monitor the situation and make updates to the protocols as needed.

Please contact us with any questions.

Sincerely,

**Christine Nessler, Owner**

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