

Ask the Expert



Ann Cesafsky

LSW Case Manager, Freedom Home Care

Ask the Expert - Episode 2

Welcome back to our *Ask the Expert* series. This week, our interview is with with LSW Case Manager Ann Cesafsky. Ann focuses on ways to stay connected at a time when we may feel disconnected or isolated. Personalizing to your audience is key. [More about connection.](#)

Ann has almost a decade of experience in working with aging adults. She brings a passion for personalizing care based on a person's preferences and life experiences.

[Christine Nessler](#)

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