



alzheimer's association®

effective communication strategies

an education program by the alzheimer's association

Communication is more than just talking and listening – it's also about sending and receiving messages through attitude, tone of voice, facial expressions and body language. As people with Alzheimer's disease and other dementias progress in their journey and the ability to use words is lost, families need new ways to connect. Join us to explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease.

Join us for a special presentation by the Alzheimer's Association at our May Support Group Meeting. Effective Communication Strategies - 6:30 to 8 p.m., Thursday, May 2nd at Crossview Covenant Church (2000 Howard Drive West, North Mankato, MN). This support group is affiliated with the Alzheimer's Association. For more information contact Freedom Home Care at 507.387.4663 or cnessler@freedomhomecarellc.com

Free Communication Event for Caregivers of loved ones with Dementia
6:30 p.m., Thursday, May 2nd at [Crossview Covenant Church](#)

Effective Communication Strategies – an education program presented by the Alzheimer's Association.

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verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease. [RSVP with Christine Nessler. Find out more.](#)

Caregiver Support Group

Being a caregiver for a loved one can be very challenging. Having support from people who understand what you are going through can make a world of a difference. The support group meets from 6:30 to 8:00 p.m. on the First Thursday of each month at Crossview Covenant Church at 2000 Howard Drive West, North Mankato, MN. This support group is affiliated with the Alzheimer's Association. [Find out more.](#)

Ask the Expert

How can a support group help me as a caregiver?

Ann Cesafsky, LSW, explains how Support Groups can be a "life jacket" before you sink.

[Find out more.](#)

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