

# CASE MANAGEMENT



## Advocating for those in need.

Many people have no family members near by to serve as an advocate for them, to care for them or to be there for them in an emergency. Freedom Home Care recognizes the importance of advocating for aging adults and provides case management as a service to those in need. The Institute on Aging says case management may be appropriate in the following scenarios:

- Your senior has limited or no support from their family
- The senior's family wants to help, but needs to know the best way to do it
- The senior has multiple or complicated medical, psychological, financial or legal issues
- The senior's health is at risk if they remain in their present living situation
- Family members have limited knowledge of loved one's condition/needs or are overwhelmed and frustrated with the need to provide constant care
- Family members disagree about which care solutions are best for the senior
- The senior themselves wants a change in care providers, but is unsure how to secure them



- The senior lacks understanding about their housing, medical, financial or legal situation
- The senior exhibits signs of dementia and requires help
- The family and/or senior wishes to discuss long-term options

## The Solution

### Step 1 Needs Assessment & Home Inspection

Freedom Home Care listens to client concerns and determine the best level of care, based on their individual need.

### Step 2 Identify Case Management Service Needs Including:

- Identifying and coordinating resources and services
- Coordinating and attending appointments
- Hospital visits, discharge planning and relocation assistance
- 24/7 emergency availability and crisis intervention
- Assessments, consultations, advocacy and education
- Assisting with health care advanced directives
- Acting as a Health Care Agent
- Providing Case Management reporting

### Step 3 Ongoing Case Management

A formalized Plan of Care is developed and monitored during case management visits. Ongoing visits assure the case manager is aware of any changes in condition or circumstances that could affect the clients well-being. One complimentary hour of case management services each month for live-in clients, clients with more than 12 hours of care a day and veterans.

Call to set up an immediate,  
complimentary consultation.  
**507-387-HOME (4663)**

Source: The Institute on The Aging  
[www.ioaging.org](http://www.ioaging.org)

