





Happy Thanksgiving! We are so grateful for our amazing caregivers, clients, families and partners in elder care. Wishing you all a blessed holiday season!

Chris Mihm & Christine Nessler



Sharon Chader, LSW,

СМС

## Ask The Expert -

Q: My children do not live locally. I have friends, but they are elderly and have health problems of their own. If I get sick and need to go to the doctor, who should I call? I may not even feel up to driving to the pharmacy to pick up a prescription.

A: Find out what Sharon has to say...

Find out more about Freedom Home Care.

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