

## Dementia resources in our community

Dear Partner,

In Mankato we are fortunate to have many great resources for families living with Dementia. As a member of the Mankato/North Mankato ACT on Alzheimer's team and I am excited to share with you some of the resources our group has to offer.

Our [new ACT webpage](#), hosted by Minnesota River Valley Area Agency on Aging (MNRAAA), went live last week.

On this website you will find information on the committee, initiatives we are currently working on and also the [updated Resource Guide](#) for Mankato and North Mankato. This Resource Guide provides valuable information for families regarding long-term care, transportation, support groups and much more.

Our initiatives revolve around making the Mankato and North Mankato area more Dementia Friendly. Those initiatives includes distributing Resource Guides, supporting local faith communities with resources and education, training businesses and organizations who work with the public on the ACT on Alzheimer's *Dementia Friendly @ Work* course, facilitating three courses for small groups, adult forums, book studies, etc. (*Dementia Friends Minnesota* and the *Alzheimer's Association's Know the 10 Signs and The Basics: Memory Loss, Alzheimer's Disease and Dementia*) and coordinating professional education for a variety of groups, including nurses, social workers, first responders, human resources, financial services.

If you would like to learn more or become involved in the Mankato ACT on Alzheimer's committee please contact [katoactonalz@yahoo.com](mailto:katoactonalz@yahoo.com)

Sincerely -

[Christine Nessler](#) & [Chris Mihm](#)

### Keep a look out for Certified FHC caregivers

Freedom Home Care is now offering our caregivers training through the Institute for Professional Care Education (IPCed), a national training and certification company for caregiving professions. Through that training our caregivers are able to become Certified in various care-related topics. These certifications allow them to increase their skills and grow professionally while also improving care for our clients!

- Dementia Care Certification
- Diabetes Care Certification
- Parkinson's Care Certification
- Post Hospital Care Certification
- End of Life Care Certification

### Now Hiring - Scheduling Coordinator

Not every job allows you to make a difference in the lives of others. Helping people stay independent in their homes, finding just the right caregiver for each special client and communicating with clients and their families are just a few of the awesome things you can do as a full-time Scheduling Coordinator for FHC.

[Find out more](#) and [apply online](#).

### Mission Statement

The mission of Freedom Home Care, LLC is to help aging adults stay independent in their homes for as long as possible with the peace of mind that quality one-on-one care will be provided by a team of compassionate, well-trained and reliable in-home caregivers, nurses and office staff.

### Another Dementia Experience set for February 21

Due to the great response to our previous January 17 Dementia Experience at Laurel's Peak Rehabilitation Center, we have added another event for Tuesday, February 21, 2017.

The evening's event at Laurel's Peak Rehabilitation Center at 700 James Avenue in Mankato, Minnesota will run as follows:

#### February 21, 2017

- Virtual Dementia Tours – 3:30 to 5:15 p.m.
- Dementia Friends Presentation – 5:30 to 6:30 p.m.
- Virtual Dementia Tours – 6:45 p.m. to 7:30 p.m.

Participants need to register in advance to ensure a space in the virtual Dementia tour. Individual tours last 15 minutes. Register for this event with Christine Nessler at Freedom Home Care at 507.387.4663 or 507.380.6284 or

[cnessler@freedomhomecarellc.com](mailto:cnessler@freedomhomecarellc.com)

Virtual Dementia tours will be scheduled in 15 minute time slots from 3:30 to 5:15 p.m. and from 6:45 to 7:30 p.m.

Find out [more](#)

### Alzheimer's: Every Minute Counts

In case you missed this program on TPT last week, it will be replayed on January 31 and February 1. It's one hour of TV you won't forget.

[Watch the Preview](#)

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101 North Second Street, Suite 100  
Mankato, MN 56001  
[www.freedomhomecarellc.com](http://www.freedomhomecarellc.com)  
507.387.HOME

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